

Who is eligible for the service?

The Bridges to Work project aims to support people experiencing mental health problems, as well as other barriers such as physical health issues, substance misuse, or are carers for someone. To be eligible you must be:

- aged 25 years or over
- unemployed or economically inactive*
- able to access the support in the Black Country

**Not currently employed and not currently job searching*

Getting in touch


For further information or to refer to the service you can contact us by:

Telephone: 01922 608500

Email: bridgestowork.dwmh@nhs.net

Website: www.blackcountryhealthcare.nhs.uk/our-services/employment-services

Address: Kingshill Centre, School Street, Wednesbury, WS10 9JB

Together with you to achieve 
healthier, happier lives

BBO - Bridges to Work

Building Better Opportunities (BBO) for people aged 25 or over who struggle with their mental health, have complex needs or are a carer. The Bridges to Work project delivered at Black Country Healthcare NHS Foundation Trust comprises of 15 different organisations working in partnership. Once you enrol onto our project you will have access to specialist support from all our partners.



What does the service offer?

The BBO Bridges team offer one to one, individually tailored employment and vocational support to help you move closer to your goals, whilst taking into account your health needs and wellbeing. We can support you in many ways, such as:

- identify your needs and develop an action plan
- support you with accessing education, training, volunteering and employment opportunities
- help develop a CV, job application support and interview preparation
- confidence building
- group activity sessions
- help and support to access other services

Bridges is funded by the European Social Fund and the National Lottery Community Fund

